

Strengths Links Group Activity

This activity is meant to engage your class or your whole school in a fun and creative art project while inviting your students to think about the importance of inclusion and understanding of autism within their school.

The intention of this activity is to show students that, although each person is uniquely one of a kind, we all have strengths worth celebrating. When placed together, the links can create a beautiful display of the diverse strengths within your classroom or school.

Instructions:

1. Cut strips of coloured construction paper (approximately 8" x 2").
2. Distribute strips to all students in your classroom.
3. Have students write a strength they have or something they are proud of on one side of the paper. Assist students who may be unable to write or need help identifying their strengths or interests.
4. Students can then create "links" or "loops" with the paper and link them together.
5. Collect all of the links/loops of paper and connect them to create a long link.
6. Display your links across the ceiling of your classroom or other school space.

[Watch the video](#) 



This activity has been modified with permission from Understood.org. A detailed explanation of the activity, including a list of strengths and an accompanying YouTube video, can be found [here](#). 