



Call for Submissions!

We would love your help! We invite you to submit a video to contribute to a special project we're working on to Celebrate the Spectrum for World Autism Day.

We're looking for children on the spectrum, adult self-advocates, and parents, caregivers, and siblings of individuals on the spectrum to answer some fun questions about autism and share them with Autism Ontario.

You can use these question prompts as a guideline. Please feel free to answer as few or as many as you would like.

For children and adult self-advocates:

- What are your favourite hobbies and interests?
- If you could be any animal for a day, which animal would you be and why?
- Who is someone special in your life and why?
- What is something that makes you special or unique?
- What does World Autism Day mean to you?
- How do you Celebrate the Spectrum?
- What is something you wish everyone knew about autism?

For parents, siblings, and caregivers:

- What does World Autism Day mean to you?
- How do you Celebrate the Spectrum?
- What is something you wish everyone knew about autism?
- What is the most special part of having a child (or sibling/family member) on the spectrum?
- What advice would you give to make the world a more inclusive place for individuals with autism?

Submit your video on our website via our Content Submission Form!

<https://www.autismontario.com/form/content-submission-form>

To locate the form:

1. Go to the Autism Ontario Home Page (www.autismontario.com)
2. Click on the "About Autism" drop-down menu at the top of the page
3. Click on "Autistic Creativity"
4. Scroll down to where it says "Do you want to share your creativity with us?"
5. Click on "Submit your creative work today!"
6. Complete the form and click submit

A few notes:

- Use a smartphone or other recording device to film your video
- If possible, use a tripod or set the device on a flat surface to record
- You can also ask a parent, sibling, or friend to help you record your video
- Please record in landscape (horizontal) orientation
- Try to keep responses to under 30 seconds per question
- If you do not feel comfortable speaking on camera, you can use posters, signs, assistive communication devices, or another form of communication that works for you
- Speakers of all languages are welcome

